

Exercise	Brief	Demo		Attempt			Satisfactory	
	Name	Date	Name	C	B	A	Date	Name
b) Marked nose drop								
c) Stalling without nose drop (mushing)								
Further Stalling Exercises:								
14. Steep stall								
15. Stall speed increase in a turn								
16. High speed stall								
17. Reduced 'G' not always stall symptom								
18. Stall with wing drop								
19. <i>Deliberately Blank</i>								

Spinning:

20. Spin and recovery								
21. Spiral dive and recovery								
Further Spinning Exercises:								
22. Changing effect of rudder at/near the stall								
23. Spin off steep or thermal turn								
24. Spin entry to left off right turn				Demonstration Only				
25. Spin off simulated wire launch failure. Practice at height ONLY								
26. Prolonged spins (at height)								

Winch Launching:

27. Normal launch								
28. Med/low break - straight ahead landing								
29. "Awkward" height cable break								
30. High cable break for short circuit								
31. Low break <50 ft glider not in full climb				Demonstration Only				
32. Too fast signal/abandonment								
33. Gradual winch power failure								

Early trainee attempts will be with a specific pre-flight briefing; but the exercise will only be regarded as completed satisfactorily when the trainee can cope with an unexpected situation.

Exercise	Brief	Demo		Attempt			Satisfactory	
	Name	Date	Name	C	B	A	Date	Name
54. Cross wind circuit, approach and landing								
55. Aerotow								
a) Low tow								
b) In prop wash								
c) Boxing prop wash								
d) Cross country tows (level flight behind tug)								
58. Flying without the ASI								
59. Side slipping								
59a. Basic rules of the air – essential verbal test before solo								

Site specific exercises:

60. Local airspace brief - essential verbal test before solo								

Post Solo Preparation for Bronze & Cross Country Endorsement

Navigation Theory & Preparation								
Navigation Practical								
Field Landings								
Preparation for flight including;								
Glider post rigging checks								
Pre-flight inspection incl recording								
Obtaining NOTAMs								
Recording of flight time (logbook)								
Glider parking and storage								
Guidance on how to prepare for and arrange a Bronze theory test								